

FRIENDSHIP MANOR NEWSLETTER

J. M. ALEXANDER, EDITOR

Fiesta at the Manor!

Old Spanish Days brought music and good food

The annual celebration of Santa Barbara’s Fiesta always brings Mariachis and great eats to Residents of the Manor, and it’s a tradition everyone looks forward to as music rocks the Promenade and Mexican food fills the dinner plates.



September Highlights

September 1

Ice Cream Social – Come play the Ice Cream Social **50-50 Raffle!!**

September 3

Labor Day Party – with Live Music in the Promenade

September 7

Patrick Lindley – Jamison Hall

September 8

Hot Dog BBQ – B Lounge

September 13

Flu Shots – 9:30am B Lounge

September 14

Bill Barrison – Jamison Hall

September 15

Pizza Party – B Lounge

September 21

Larry Duff – Jamison Hall

September 22

Shirley’s Birthday Party

September 22

Heather Blake – Jamison Hall

And don’t forget ...

Local Walks, Joy Rides and Shopping Trips with Chris and Richard

– Sign up to go on the appropriate slant boards in the Lobby next to Reception!

JOAN N’ TONIC — CONCERT IN JAMISON HALL

One of the many great things about life at the Manor is the great talent that our Activities Director Chris books to perform. Residents who aren’t coming out to enjoy free entertainment in Jamison Hall are missing out on a lot of fun. And when there aren’t live performances, there are movies galore – so check your monthly and weekly calendars and don’t miss a minute!



MANOR NOTES AND DATES TO KEEP IN MIND

- Thursday, 9-13, starting at 9:30 am, **Flu shots will be free** to everyone showing a Medicare card in the B Lounge. Check the slant board to sign up. Remember, **Free Flu Shots**.
- **Water Aerobics** are being held in the pool on **Wednesdays at 11:00 am**. It’s great low-impact exercise with like-minded aquatically inclined Residents.
- There are two **Horseshoe** pits in the field adjacent to the pool area. Anyone interested should try their skills!
- **Dishes, cups and silverware** keep disappearing from the Dining Room. They are expensive to replace, so if by chance you take any, **please return them**.
- **Shopping carts** in the garage are for the convenience of all Residents. If you borrow one, **please return** it to the garage immediately for the next person to use.
- The **TV/Cable remote control** in the B Lounge is for use of all Residents. Please **do not remove** the remote control from the B Lounge for any reason whatsoever.
- The Manor has many **trash cans** for refuse and recycling, but trash loose and in bags is found in many places. **Please help** keep the Manor neat & clean by using the trash cans provided in all areas.
- A **volunteer** with experience with roses is needed for the **Rose Garden** – Contact Betty Chackel if you’re interested.

RESIDENT PROFILE: HELEN DIAZ GORDON

Helen was born in Santa Paula and raised in Santa Barbara, where she attended high school. She finds people are always puzzled at her last name, but it comes from being married to an Irishman. Her favorite job was working to manufacture implants for women with breast cancer.

Helen says she’s been blessed to have four children, eight grandchildren and a great-grandson due in October.

Helen likes to travel and has been to Oregon and Washington, the Grand Canyon, Yosemite, Big Bear, Mammoth, the redwood forests and also Mexico. She loves Mexican food and is a huge Lakers Fan. For music, make it Mexican, Country and light opera. She’s also an avid reader. She loves getting together with family on holidays, which is a challenge, as there are so many!

Helen has only been here a couple of months, and she “loves that people are so friendly” and she really appreciates “the best staff ever.” Please make her feel welcome at the Manor!



RESIDENT PROFILE: JENNIFER LEIGH BARBER

Jennifer was born in ForthWorth, Texas, and has lived in Salt Lake City, Utah, as well as Goleta.

Jennifer has an interesting background and among other things worked as a jewelry sales person. She is very proud of her British heritage through both her blood and adoptive parents.

Jennifer thus likes most anything English or Scottish, including history and music. Not surprisingly, she has traveled to both England and Scotland. She is an avid reader of English History and overall is a well-read person.

She loves anything ginger in the way of food or tea. Maybe it’s an English/Scottish thing.

Please make Jennifer feel welcome, she’s new to the Manor and is sure to fit right in with our eclectic mix. And if you like things British, she is the perfect resource!



DOROTHY’S CORNER STORE: YOUR PLACE TO SHOP LOCAL!

From ice cream to toilet paper, and so much more, the Corner Store has it all, and you can be part of the action.



The Corner Store is looking for Resident volunteers, especially for Fridays – it’s a fun 90 minutes that goes very quickly.

See Eileen or Jason about volunteering.

All profits from every purchase go to fund movies in Jamison Hall, live entertainment, the B Lounge TV and wi-fi, and much more. Support your Corner Store and make use of this valuable resource in the B Lounge.

Unity Shoppe – FREE Presents!

Reminder for all Residents: Local non-profit **Unity Shoppe** offers each Manor Resident the opportunity to get a free present for their birthday and for Christmas.



IMPORTANT: Because of the upcoming holidays, Unity Shoppe has requested we get in our Birthdays for September, October, November and December submitted early, likewise for Christmas. So, when the form appears in your mailbox, please fill it out and return it to the front desk promptly!

September Birthdays

- 9/4 Katherine Wyman
- 9/4 Mike Sikorski
- 9/5 Admiral Arnold
- 9/6 Vivianne Baas
- 9/6 Dennis Berger
- 9/9 Erlend Peterson
- 9/11 Kathy Bowman
- 9/12 George Deak
- 9/14 Janet Wern
- 9/16 Vasiliki Biancaniello
- 9/16 Vickie Clements
- 9/17 Peggy Kissner
- 9/17 Beverly Eastwood
- 9/17 Rose Ogden
- 9/18 Adelheid Leuthardt
- 9/18 John Rupert
- 9/19 Lorna White
- 9/21 Lynn Berryman
- 9/21 Shirley Bagwell
- 9/29 Rocky Martinez
- 9/30 Don Cowan

