

FRIENDSHIP MANOR

NEWSLETTER

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Say Goodbye to the Field

February 10th – UCSB Takes Possession on that day

Last year UCSB bought the dirt field at the corner of El Colegio and Camino Pescadero, bordering the Manor at the pool gate. This is an important story, so if you reference page 2 you'll find the details about how the vacant field became a parking lot and smoking area (*photo below*).

On page 3, we have the first New(ish) Resident Profile in quite a while, primarily because many people have not shown a real interest. Chuck Hughes is profiled this month.

Finally, also on page 3, is news about a new movement class being held Wednesday mornings by a UCSB pre-med student. Betty Chackel likes it, and so will you. Check it out!



February Highlights

February – Thursdays and Saturdays

Book Mobile (new schedule)

February 7

Ice Cream Social – Dining Room

February 11

Karaoke – B Lounge

February 14

Chamber Concert

February 14

Valentine's Day Dance w/Snapshot

February 15

Gill Rosas Concert

February 21

Hot Dog BBQ

February 26

RSC Meeting – Jamison Hall

February 28

Pizza Party

Bingo Tuesdays and Thursdays

at 2:00 pm in the B Lounge – only 25 cents per card – come have fun and snacks with Larry

Local Walks & Joy Rides and Shopping & Medical Van Trips

with Chris and Richard – Sign up on the slant boards in the Lobby

THE DIRT FIELD FINALLY TRANSFERRED TO UCSB.

By now, everyone knows that last year UCSB bought the dirt field at the corner of El Colegio and Camino Pescadero, bordering the Manor at the pool gate. To put this in perspective, it might be helpful to know the full story of the dirt field.

15 years ago and before, the field was just an empty lot. The only feature was a rather ugly long, low hut, where tobacco users went to smoke. 12-23 years ago, the hut, which was an eyesore, was removed after the “smoking hut” was built and used for the same purpose.’

It’s important to note that the dirt field has never been part of Friendship Manor “proper” and not a dollar of any resident’s rent was used there: the “real” Manor ended at the white fence leading to the field.

15 years ago, and before, fewer residents had cars, and there were a few spaces for visitors and this was the same time that the Manor had a few rooms set aside for residents’ relatives, where they could stay for a nominal charge. Then, as more residents moved in, and demand for low-cost housing increased, the visitor parking had to be eliminated, and only at that time were visitors and guests permitted to part in the vacant and unused lot. The lot was locked at night, and signs posted, to discourage UCSB students from thinking it was free parking for them. Cars that were waiting for a place in the garage started parking there at that time.

Finally, last year, the Friendship Manor Board made the decision, after years, to sell the dirt lot to UCSB, and the clock started ticking on how long UCSB would graciously allow residents to continue parking in the lot. — The time is up on Tuesday, February 10, and vehicles must all be moved before then or risk being towed at the owner’s expense. At the same time, the smoking areas will also be inaccessible to residents. Thank you for observing these changes before the deadline.



NEW RESIDENT SPOTLIGHT

Chuck Hughes comes to the Manor from Isla Vista, where he lived for the last 20 years. He grew up in Redondo Beach and Woodland Hills, and originally moved to Isla Vista in 1967.

It's more than a little interesting that, as a young carpenter, he installed ceilings at the then-new UCSB campus. Friendship Manor would have been a dorm for students about that time!

He moved to northern California, first to Sacramento, and later to Mt. Shasta City, working in maintenance for the Mt. Shasta School District in Redding, California. Chuck moved back to I.V. in 2005. And then into the Manor.

He is a long-time member of the Goleta Senior Center, and is also a frequent patron of UCSB's Donald Davison Library. He's an avid outdoorsman and his favorite dish is seafood jambalaya.

Chuck's is a terrific guy, so get to know him and make him feel at home. Welcome to the Manor, Chuck!



NEW! – GENTLE SEATED CHAIR EXERCISE IN JAMISON HALL



Over the years, the Manor has attracted several teachers who have taught gentle and non-stressful chair exercises that can help residents with movement and flexibility. This mind-body connection approach seems to help individual balance and movement, which is something important the older we get.

We are currently fortunate to have USCB pre-med student Neya (shown left) teaching a "Mindful Movement Chair Class" once a week on Wednesday morning at 11:00am in Jamison Hall. Betty Chackel, who brought this story to the newsletter, has attended the class and highly recommends it. Thanks, Betty!

The class is at a good time, after breakfast and before lunch, and is easily accessible to all residents. You can use the stairs if you're able, and if you take the elevator just get off on the second floor and head toward the "movie room." Join Betty and others having a good time with Neya!

RESIDENT SUPPORT

Got a question, a concern, or are you a new Resident with questions about how to navigate the Congregate Living situation of the Manor?

Betty Chackel's regular Friday meeting in the E Lounge may be for you!



Betty is a great listener and problem solver, the meetings are private and friendly, and she's been helpful to many Residents. Plus, it's a good way to catch up on news of the Manor and feel you have a voice that's being heard.

Betty's meetings are every **Friday at 10:30 am** in the **E Lounge Conference Room** – which is adjacent to the upstairs Library.

B LOUNGE CORNER STORE

All profits from every purchase go to fund movies in Jamison Hall, the B Lounge wi-fi and copier, and more. Support your Corner Store and shop this valuable resource in the B Lounge, open Monday, Wednesday and Friday from 1:00 to 2:30 pm. Come and shop local!



And for 24/7 snacks and sodas, remember the machines adjacent to the Corner Store. A portion of those proceeds also go into the RSC general fund for Resident services.



February Birthdays

- 2/1** Roger Crump
- 2/3** Bobbie Dupree
- 2/3** Bill Barrision
- 2/3** Sharen Peterson
- 2/9** Sandra Guillen
- 2/12** Terry Thompson
- 2/17** Peggy Adams
- 2/17** Regina Penner
- 2/19** Marcelle Pesek
- 2/22** Frank Uribe
- 2/23** Nancy Kuta
- 2/24** George Rubim
- 2/28** Willian Aikele

